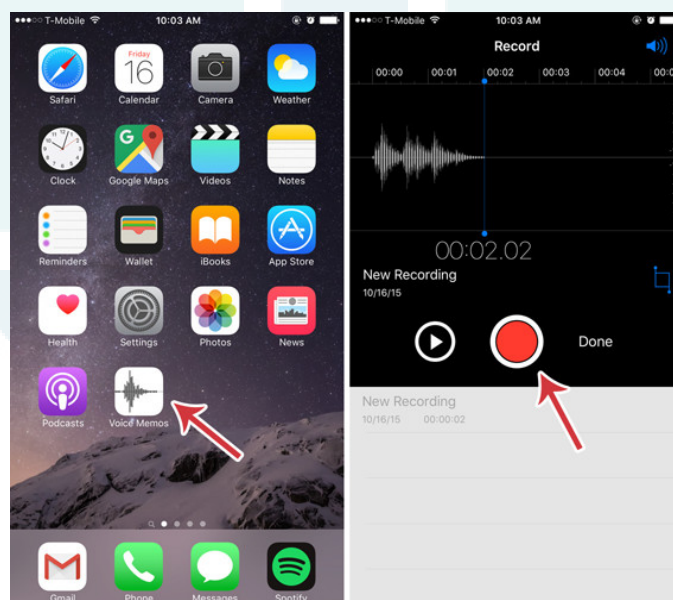


## **Tell Us Your Story!**

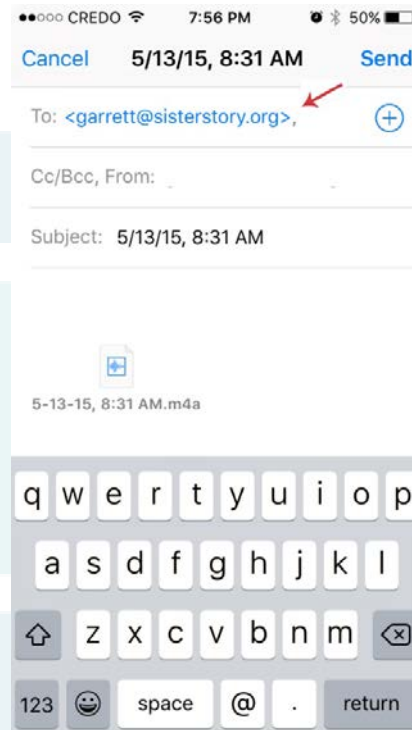
For the past two years *SisterStory* has been working to collect and share the lives and stories of women religious as told by themselves as well as the women and men for whom they have had impact. Up to this point it has been our student oral historians and staff who collected these stories, but we want to go beyond our reach – we want to hear from you, learn about you, and most specifically learn about a Sister who has affected you. With the rise of smart phones it's become incredibly easy to record a voice memo and we would like to utilize that technology for you to share your stories with us so we can share them with all who listen to our podcasts, watch our videos, and read our blog. To help you know what we are looking for we will be releasing some episodes of *SisterStory Presents*: that feature stories we have captured from some of the wonderful people who have become a part of the organization. These are meant to be short, could be anecdotal, but most importantly are your experiences representing lives impacted.

### **How to record a voice memo**

If you have an iPhone, you can use the built-in Voice Memo app. All you have to do is open the app and press the big red button to record.



Once you've finished, press "Done," and email the file to [garrett@sisterstory.org](mailto:garrett@sisterstory.org). It's that simple!



Android users—all you need to do is download one of the many voice recording apps from the Google Play store (like [Voice Memos](#) or [Smart Voice Recorder](#)) and send your file to [garrett@sisterstory.org](mailto:garrett@sisterstory.org).

## How to make your voice memo awesome!

Here are some tips:

- **Try to go somewhere quiet and cozy.** The best place to do it is in an enclosed room with the door shut.
- **Don't hold your phone like a phone!** When you're recording, hold your phone flat, at chest level, with the microphone facing you.

- **Start off by telling us your first name and where you're from.** We want to make sure we attribute your story to you!
- **Keep it short and sweet.** We will accept whatever length it takes for you to share your story, but the intention are stories that can be told succinctly and in a short amount of time.

And there you have it! It's that simple.

By sending your audio file to [garrett@sisterstory.org](mailto:garrett@sisterstory.org), you consent that SisterStory has the right to use the file, your voice, and the submitted story in any form and on any SisterStory forum, including the podcast SisterStory Presents:, as well as on SisterStory.org and NationalCatholicSistersWeek.org, or other electronic media, Internet, wireless or mobile platforms, whether now known or hereafter created.

We can't wait to hear from you!